KS3 Core PE | Unit Title Y9 Badminton

Unit Overview

The badminton unit is studied in Year 9 and builds on previous skills learnt in other units during KS3

What your child needs to <u>know</u> and be able to <u>do</u> by the end of this unit of work:

- how to hold a forehand grip
- how to hold a backhand grip
- how to hold the ready position
- how to serve with basic technique
- how to play a clear/Lob shot
- how to play a basic Drop shot
- how to play a basic smash
- how to understand the basic rules including where to stand and the point scoring system

The <u>key vocabulary</u> your child needs to <u>understand</u> in order to access this unit of work

- Racket: Shuttlecock; Court: Serve: Clear: Drop Shot: Smash: Forehand: Backhand: Rally: Fault