KS3 Core PE — Unit Title Football

Unit Overview

The football unit is studied in Years 7,8 & 9. Over the key stage the content becomes more challenging as students develop and build on their skills, techniques and tactical awareness.

What your child needs to <u>know</u> and be able to <u>do</u> by the end of this unit of work:

Year 7	Year 8	Year 9
• how to make a short pass • how to dribble around static objects • how to turn with the ball • how to control the ball with your feet • how to shoot in football • how positional play may look in a small sided game	• how to control the ball with your feet, chest and thigh • how to find space for Shooting with Accuracy • how to take throw ins • how positional play and positional roles can help the team	• how to beat an opponent • how to accurately Heading of the ball • how to score on a 1 v 1 situation • how to implement positional Play and positional roles in an 11 v 11 game • how to implement various corners/free kicks • how to include tactical options to outwit your opponent

The <u>key vocabulary</u> your child needs to <u>understand</u> in order to access this unit of work

- Possession, control, defensive, attacking, pressure, rules and regulations, striking, space