KS3 Core PE — Unit Title Dodgeball

Unit Overview

The dodgeball unit is studied in Years 7, 8 & 9. Over the key stage the content becomes more challenging as students develop and build on their skills, techniques and tactical awareness.

What your child needs to know and be able to do by the end of this unit of work:

Year 7	Year 8	Year 9
• how to throw the dodgeball • how to catch • how to dodge the ball • how to start the game with the rush and flick technique	• how to throw a slingshot for extra power and accuracy • how to catch the ball from various heights and speed • how to block the ball • how to eliminate the opposition through blocking	• how to understand the different positions taken on the dodgeball court. • How to counter attack in dodgeball • How to use the tactics of sacrifice, pincer, numbers. • How to officiate in dodgeball and the different roles and roles of the officials

The key vocabulary your child needs to understand in order to access this unit of work

Rush, flick, blocking, catching, dodging, tactics, pincer, numbers, sacrifice, sieve, positions, officiating, powerful