# KS3 Core PE — Unit Title Cricket

## Unit Overview

The cricket unit is studied in Years 7,8&9. Over the key stage the content becomes more challenging as students develop and build on their skills and techniques.

**What your child needs to <u>know</u> and be able to <u>do</u> by the end of this unit of work:**

| Year 7 | Year 8 | Year 9 |
|---|---|---|
| • how to master technique of overarm and the number 6 movement<br>• Knowing where to aim and what is a good bowl<br>• how to hold the bat and stand in the correct position. Where you should stand when batting<br>• How to throw a ball overarm with the correct technique<br>• How to catch a ball coming towards you at different heights.<br>• How to use the long barrier technique | • how to build on previous skills of catching and throwing introduced with retrieving the ball and aiming towards the wickets<br>• How to build on previous experiences of holding the bat and stance -to focus on back lift of the bat and stepping into the shot<br>• How to focus on the specific of hitting the ball correctly and shots such as defensive ad the straight drive<br>• How to build on bowling overarm – the skill of where to ball should be landing and what is classed as a good ball | • how to increase speed when bowling but maintaining the correct technique – line and length<br>• how to understand the basics of spin bowling<br>• how to understand basic field positions and Individual positions are also to be looked at<br>• how to understand the basic role of the wicket keeper and its role within the fielding team<br>• how to play the pull shot – knowing how and when to play the shot<br>• how to communicate when running in between wickets. Know who is control of making the correct call<br>Field positions are to be introduced with both attacking and defensive fields too be looked at. Individual positions are also to be looked at. |

**The <u>key vocabulary</u> your child needs to <u>understand</u> in order to access this unit of work**

- Back lift, wicket keeper, retrieving, line and length, off side, attacking field, defensive field, pull shot, batting calls